



STRONGHOLD  
COUNSELING  
SERVICES, INC.

river  
COUNSELING SERVICES

**Consent to Release or Obtain Information**

This is consent for release of information about: \_\_\_\_\_  
*(Client Name)*

Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Birth Date: \_\_\_\_\_

I authorize Sioux Falls Psychological Services, Stronghold Counseling Services, or River Counseling Services (SFPS, Stronghold, or River) and \_\_\_\_\_  
*(Therapist)*

to release/exchange to: \_\_\_\_\_  
*(Name of persons or organizations)*

Address: \_\_\_\_\_

Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

For the purpose of: \_\_\_\_\_

- I understand that I am authorizing those identified above to release and exchange information. The information I authorize a person or entity to receive may not be re-disclosed and no longer protected by federal privacy regulations.
- I understand that unless noted this release shall be reciprocal, allowing both the counseling center and the source noted below to receive and exchange information.
- I understand that my written notice to the counseling center will revoke this consent at any time.
- I understand that I will be informed of requests for information.
- I understand that I may review any information being disclosed or copy the information used.
- I understand that information regarding my care may be shared internally to assure effective services.
- I understand that unless noticed this release can be transmitted by facsimile.

**THE INFORMATION WILL BE USED/DISCLOSED FOR THE FOLLOWING PURPOSES:**

- |                                   |                                      |
|-----------------------------------|--------------------------------------|
| _____ Acknowledgement of Referral | _____ Social/Historical Past/Current |
| _____ Past/Current Assessment     | _____ Recommendations/Plans          |
| _____ Diagnostic Information      | _____ Medical/Medication             |
| _____ Case Management             | _____ Community Support              |
| _____ Legal Orders/Filings        | _____ Discharge Summaries            |
| _____ Progress                    |                                      |

Other (specify): \_\_\_\_\_

This authorization expires on: \_\_\_\_\_

Client/Guardian Name (please print): \_\_\_\_\_

Relationship to Client: \_\_\_\_\_

Client/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_